

Introductory Course, Innsbruck, 11 July 2023

Rudolf Grimm

# Ultracold fermions: experimental basics

Austrian Acad. of Sciences



Inst. of Experimental Physics



why are fermions interesting?

(even more interesting than bosons,  
but this is a matter of taste)

## three strong arguments

### fermion + fermion = boson

boson physics appears as a special case of fermion physics

### fermions are the basic constituents of matter

electrons (solid-state systems)

neutrons, protons and quarks (hadronic matter)

### universality

## universality

	neutron star	white dwarf	metal (Cu)	ultracold gas
particles	neutrons	electrons	electrons	${}^6\text{Li}$ atoms
$m$ in $u$	1	$5.5 \times 10^{-4}$	$5.5 \times 10^{-4}$	6
$n$ in $\text{m}^{-3}$	$\sim 10^{44}$	$\sim 5 \times 10^{35}$	$4.2 \times 10^{28}$	$\sim 10^{18}$
$E_F$	$\sim 70$ MeV	$\sim 350$ keV	$\sim 7$ eV	$\sim 300$ peV
$T_F$	$\sim 90$ GK	$\sim 4$ GK	$\sim 80\,000$ K	$\sim 3$ $\mu\text{K}$

MeV



peV

which atoms to use  
in the ultracold world?

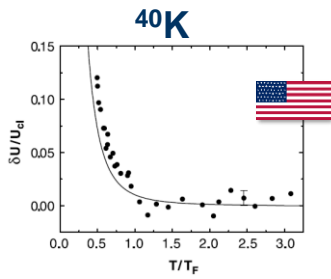
need laser-coolable isotopes with  
odd number of neutrons  
(8 species so far)

1	IA	1	H	IIA	2	He	0																														
2	3	Li	4	Be	5	B	6	C	7	N	8	O	9	F	10	Ne																					
3	11	Na	12	Mg	13	Al	14	Si	15	P	16	S	17	Cl	18	Ar																					
4	19	K	20	Ca	21	Sc	IIIB	22	IVB	23	V	24	Cr	25	Mn	26	Fe	27	Co	28	Ni	29	Cu	30	Zn	31	Ga	32	Ge	33	As	34	Se	35	Br	36	Kr
5	37	Rb	38	Sr	39	Y	40	Zr	41	Nb	42	Mo	43	Tc	44	Ru	45	Rh	46	Pd	47	Ag	48	Cd	49	In	50	Sn	51	Sb	52	Te	53	I	54	Xe	
6	55	Cs	56	Ba	57	*La	72	Hf	73	Ta	74	W	75	Re	76	Os	77	Ir	78	Pt	79	Au	80	Hg	81	Tl	82	Pb	83	Bi	84	Po	85	At	86	Rn	
7	87	Fr	88	Ra	89	+Ac	104	Rf	105	Ha	106	Sg	107	Ns	108	Hs	109	Mt	110	111	112	113															

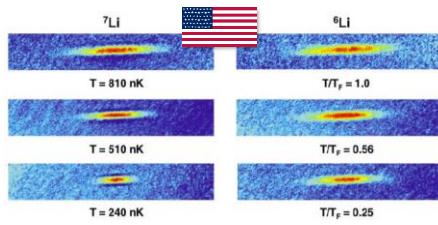
  

* Lanthanide Series	58	59	60	61	62	63	64	65	66	67	68	69	70	71
	Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Ho	Er	Tm	Yb	Lu
+ Actinide Series	90	91	92	93	94	95	96	97	98	99	100	101	102	103
	Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm	Md	No	Lr

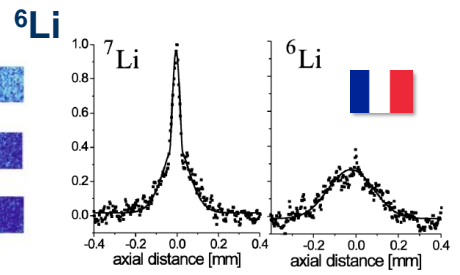
## ultracold fermions: a bit of early history



DeMarco and Jin,  
Science 285, 1703 (1999)



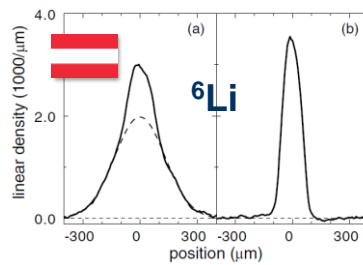
Truscott et al.,  
Science 291, 257 (2001)



Schreck et al.,  
Phys. Rev. Lett. 87, 080403 (2001)



- $^{40}\text{K}$  in Florence (2002)
- $^6\text{Li}$  at Duke Univ. (2002)
- $^6\text{Li}$  at MIT (2003)



Innsbruck joined  
in 2003 with  
*first molecular BEC*

## trapped Fermi gas basics

# fermions in a (large) 3D box

@  $T=0$



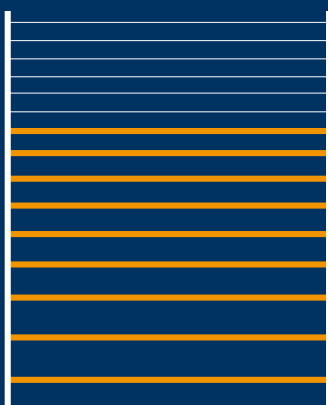
occupied quantum states



principle

# fermions in a (large) 3D box

@  $T=0$



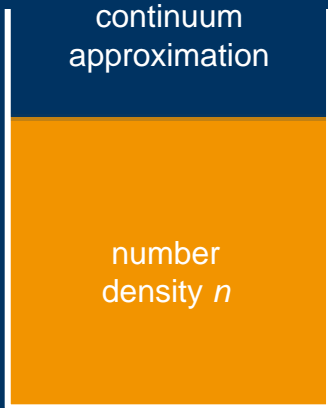
occupied quantum states



energy  $E_F$

## fermions in a (large) 3D box

@  $T=0$

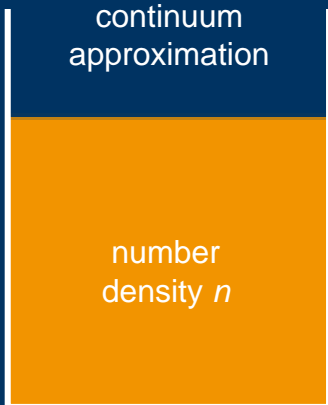


energy  $E_F$

occupied quantum states (unresolved)

## fermions in a (large) 3D box

@  $T=0$

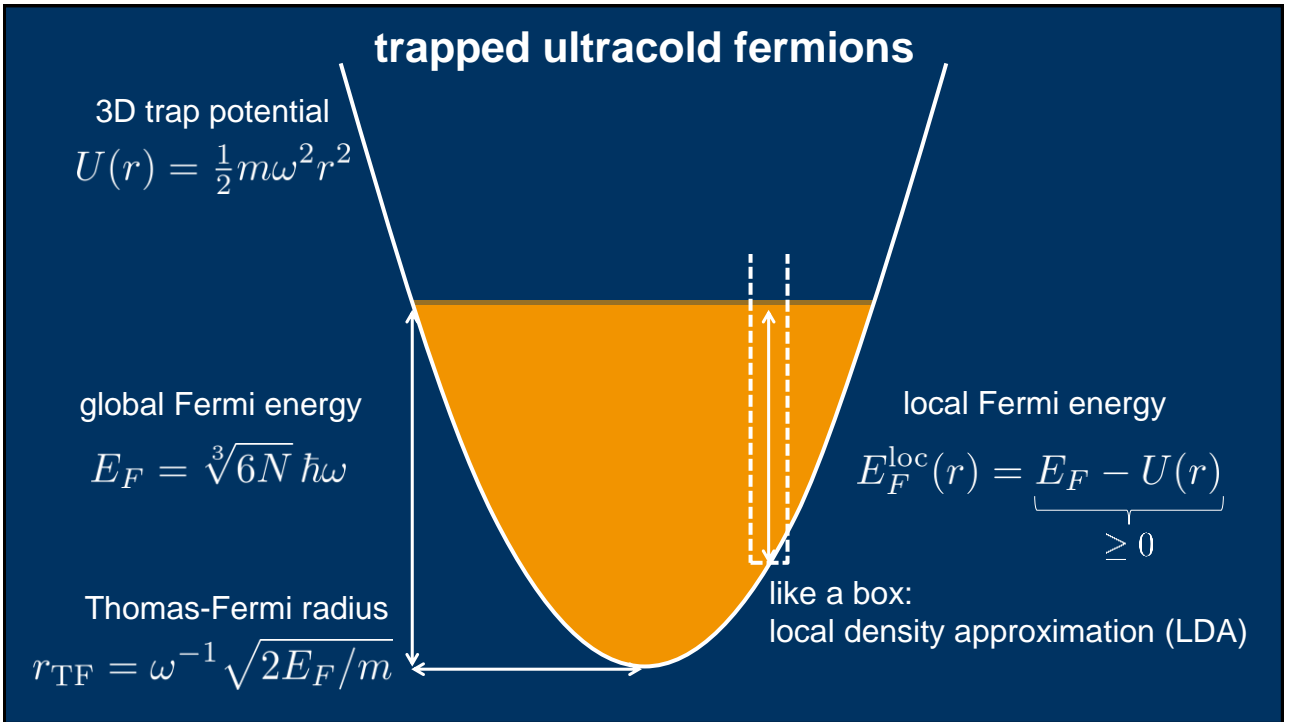
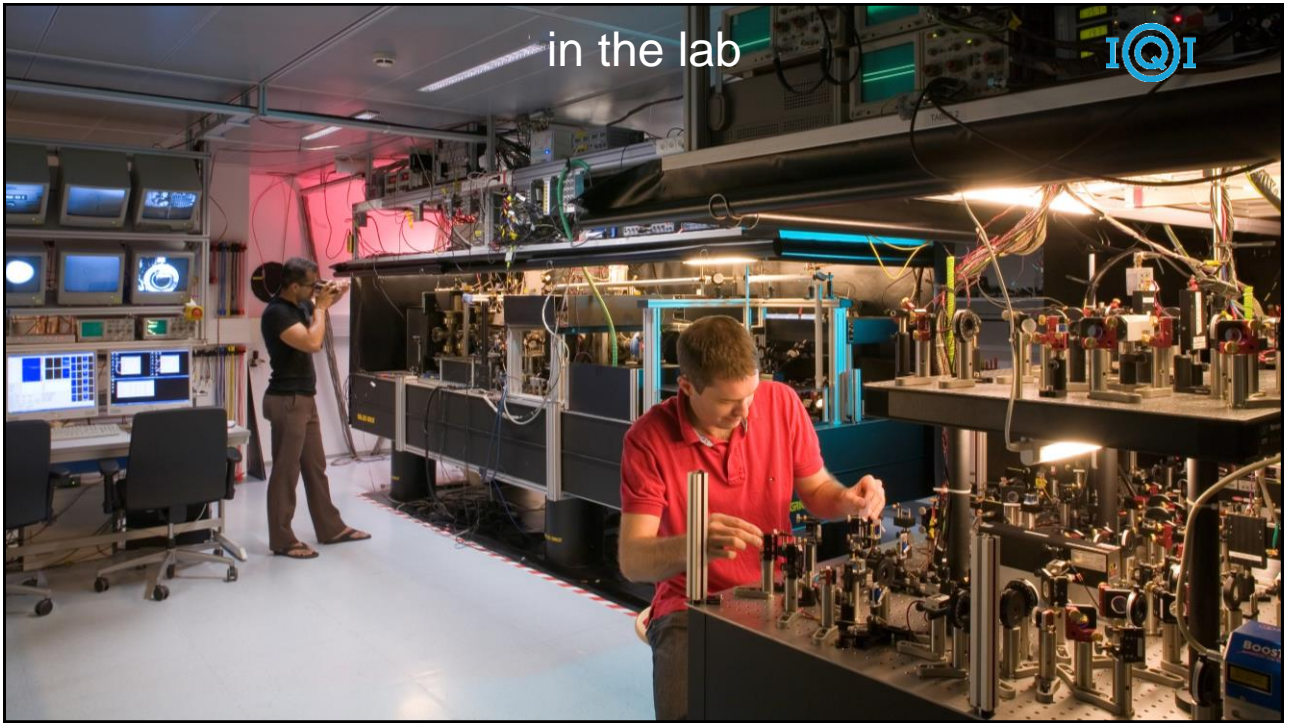


Fermi energy: the relevant energy scale

$$E_F = (6\pi^2)^{2/3} \frac{\hbar^2}{2m} n^{2/3}$$

$$= \frac{\hbar^2 k_F^2}{2m} \leftarrow \text{Fermi wavenumber}$$

$$\frac{1}{k_F} = (6\pi^2 n)^{-1/3} \quad \text{the relevant length scale}$$

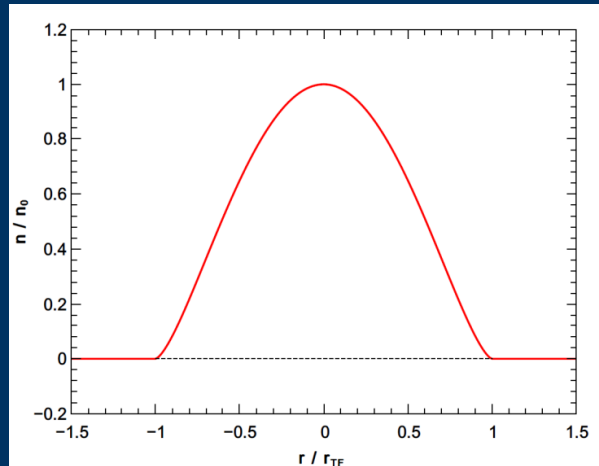


## spatial profile in LDA

Thomas-Fermi profile @  $T=0$

$$n(r) \propto [E_F - U(r)]^{3/2}$$

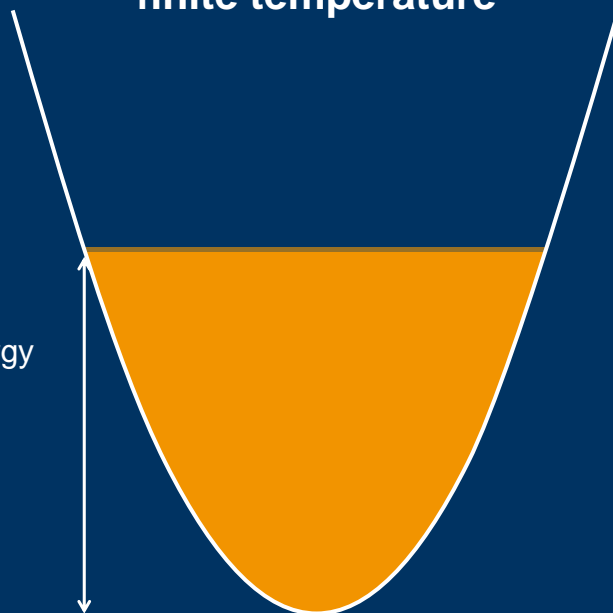
large-sized, non-interacting  
Fermi gas at zero temperature



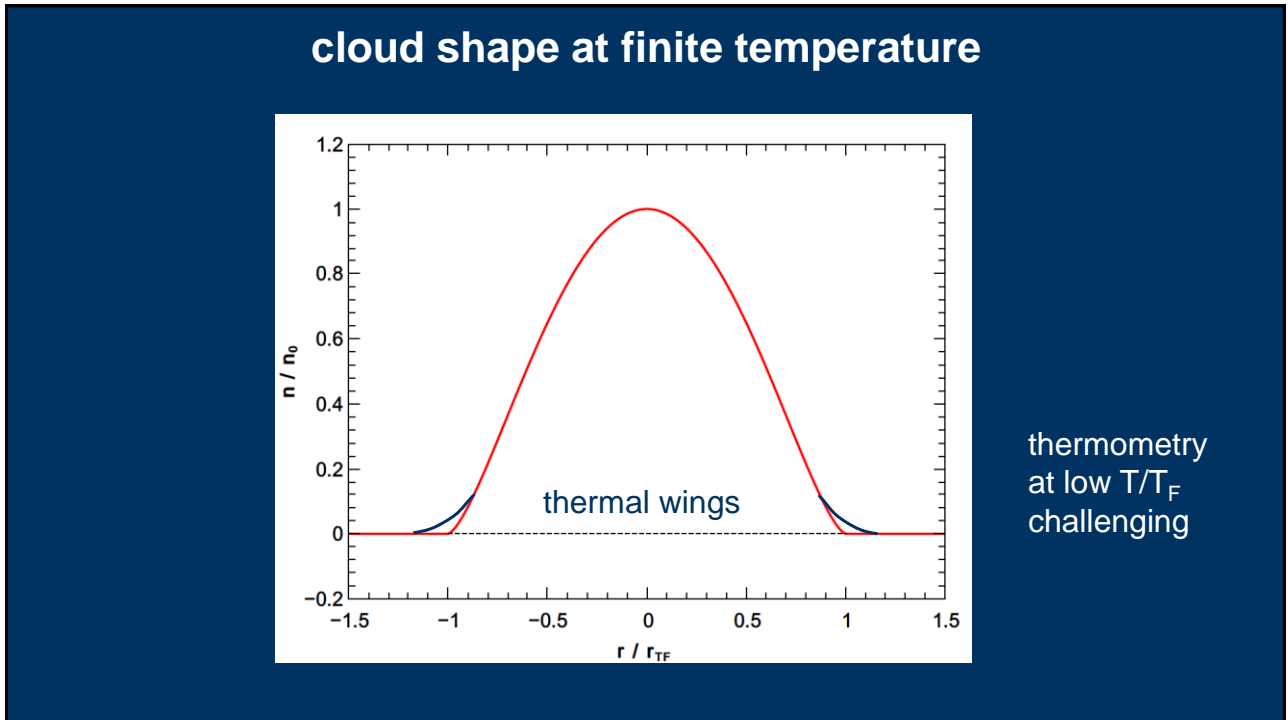
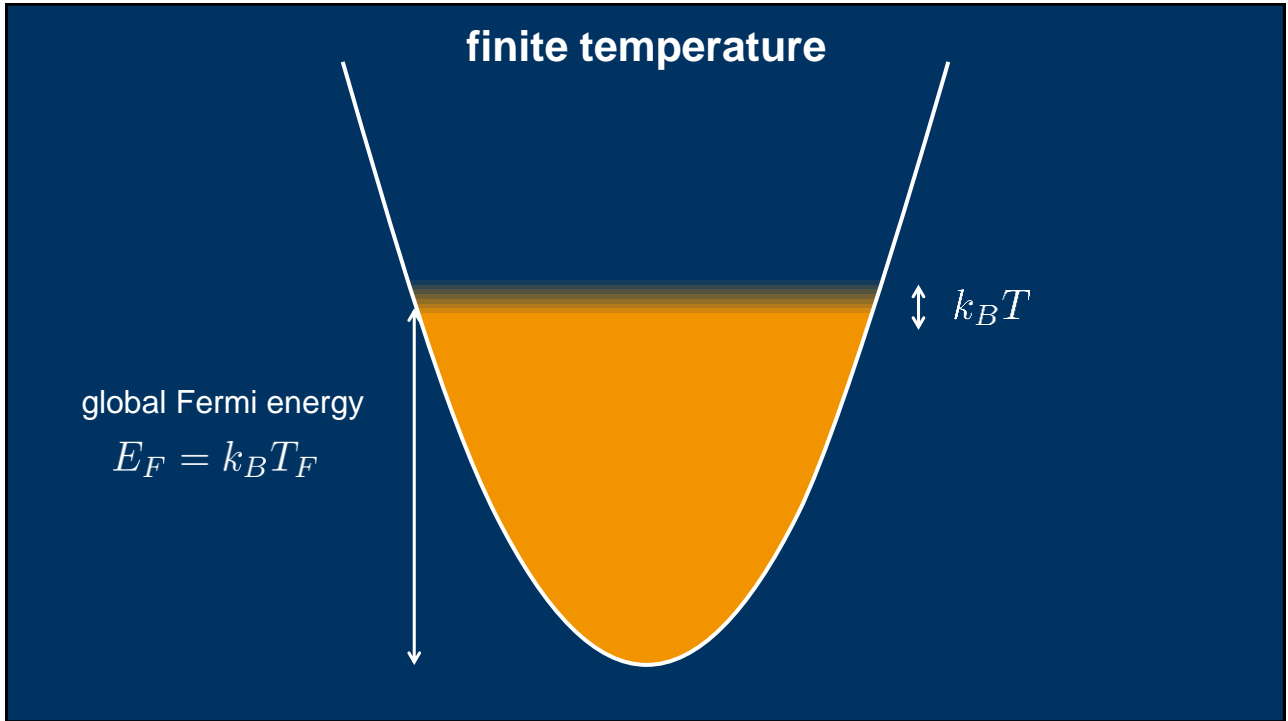
## finite temperature

global Fermi energy

$$E_F = k_B T_F$$

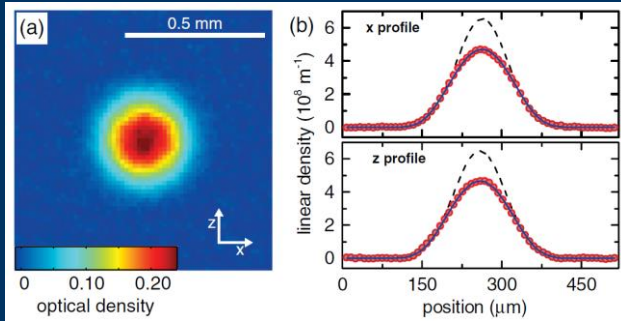






## two examples from Innsbruck

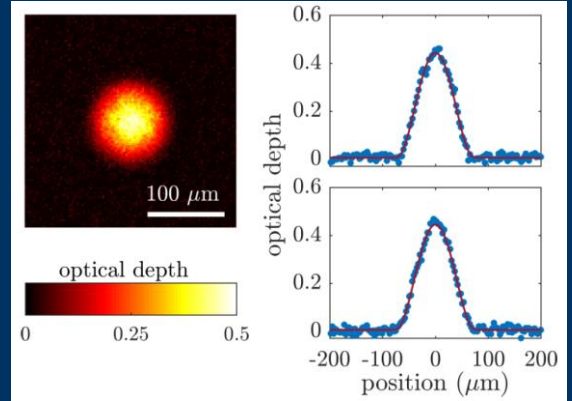
$^{167}\text{Er}$



Aikawa et al., PRL 112, 010404 (2014)

$$T/T_F \approx 0.2$$

$^{161}\text{Dy}$



Ravensbergen et al., PRA 98, 063624 (2018)

$$T/T_F \approx 0.1$$

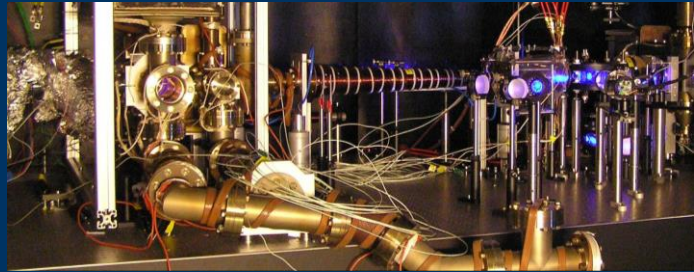
but how do we get there?

## cooling fermions

our Li-K machine

laser cooling and trapping:  
Zeeman slowing, MOTs,  
optical dipole traps ...

some species (Sr, Yb, Dy, Er)  
narrow-line Doppler cooling



evaporative cooling

need elastic collisions!



video lecture on  
evaporative cooling  
MSc course

## elastic collisions: three options

s-wave collisions between unlike atoms

- sympathetic cooling, i.e. cooling by another species  
mixtures of  ${}^7\text{Li}$ - ${}^6\text{Li}$ ,  ${}^{23}\text{Na}$ - ${}^6\text{Li}$ , or  ${}^{87}\text{Rb}$ - ${}^{40}\text{K}$ , ...
- single species, but two different spin states  
spin mixtures of  ${}^6\text{Li}$ ,  ${}^{40}\text{K}$ ,  ${}^{87}\text{Sr}$ ,  ${}^{171}\text{Yb}$



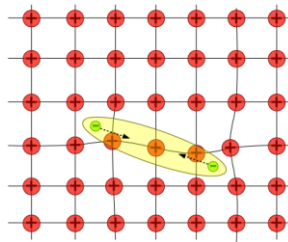
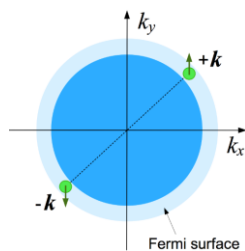
dipolar collisions (higher partial waves) for identical fermions

- strongly magnetic atoms  
 ${}^{161}\text{Dy}$ ,  ${}^{167}\text{Er}$



what makes fermions so interesting?

### famous example



Cooper pairs

(BCS theory, 1957)

<http://inspirehep.net/record/1181776/plots>

but,

$T_c/T_F < 10^{-4}$  for conventional superconductors

$T_c/T_F \sim 10^{-3}$  for high- $T_c$  superconductors

and we typically reach  $T/T_F \sim 0.1$

but, we can introduce **very strong interactions!**

## strong interactions in a Fermi gas

which parameter characterizes the interaction in a quantum gas?

### s-wave scattering length $a$

$$|a| \ll 1/k_F$$

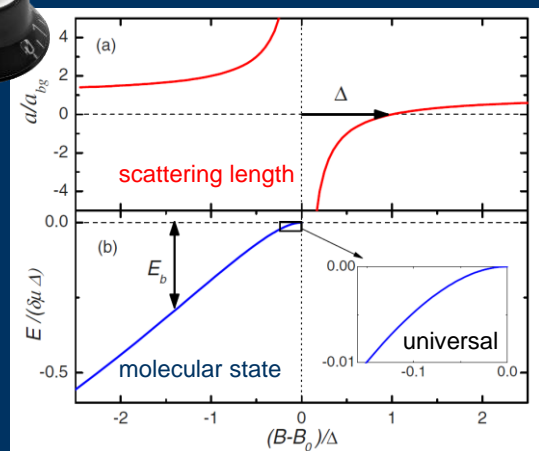
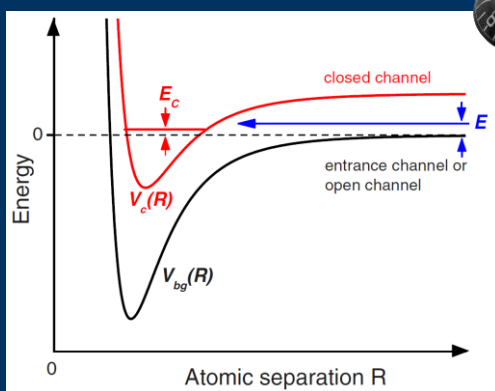
weak interaction: elastic collisions, mean field  
*straightforward theory, easy description*

$$|a| \gtrsim 1/k_F$$

strong interaction: exciting many-body physics  
*challenges our theoretical understanding*

how can we control this?

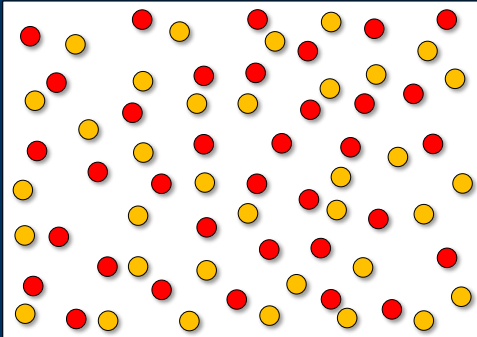
## Feshbach resonance: interaction control



review article  
Chin et al., RMP 82, 1225 (2010)

width can vary over very wide range!

## fermionic spin mixture with Feshbach resonance

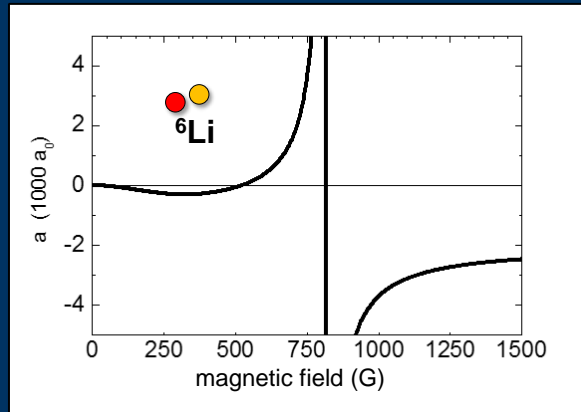


spin mixtures of

${}^6\text{Li}$  or  ${}^{40}\text{K}$

two systems widely used

**Feshbach resonance**  
(broad, with large universal range)



## suppression of three-body losses



three atoms



dimer + atom



this guy can suppress it,  
but needs broad Feshbach resonance

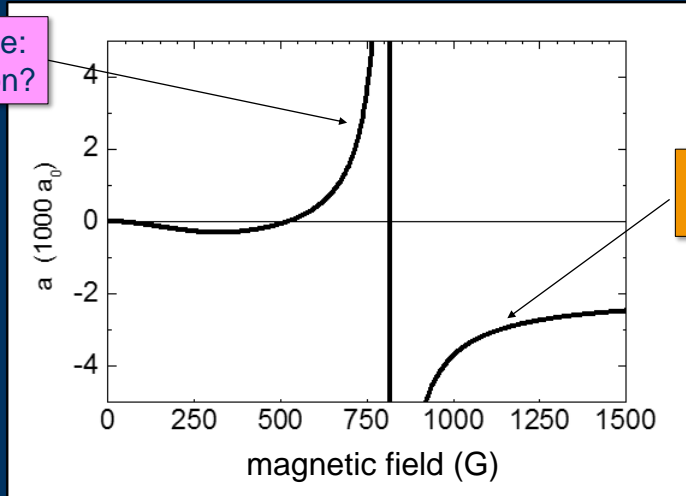


Petrov, Salomon, Shlyapnikov, PRL 93, 090404 (2004)

## interaction regimes

repulsive regime:  
phase separation?

not the  
ground state



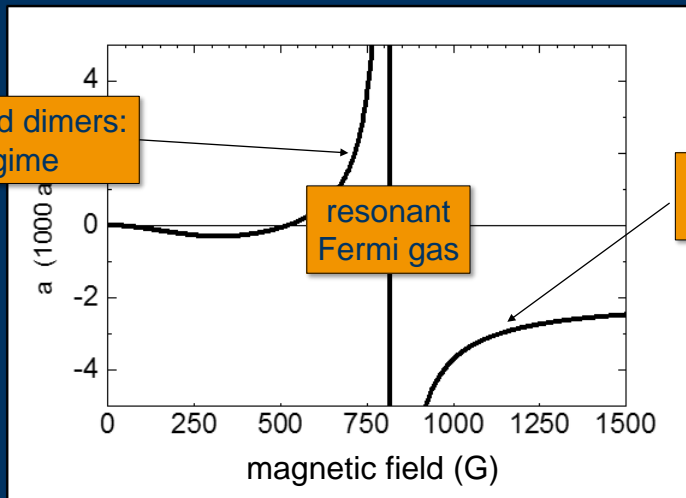
attractive regime:  
BCS-type pairing

## interaction regimes

weakly bound dimers:  
BEC regime

resonant  
Fermi gas

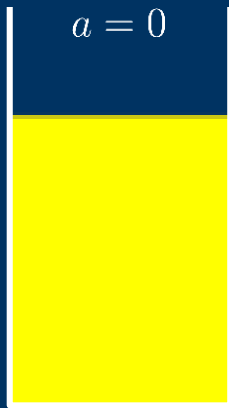
attractive regime:  
BCS-type pairing



famous "BEC-BCS crossover"

## resonant (unitary) Fermi gas

what happens in case of the strongest interaction that quantum mechanics allows?



$\mu_0 = E_F$ : chemical potential of non-interacting gas

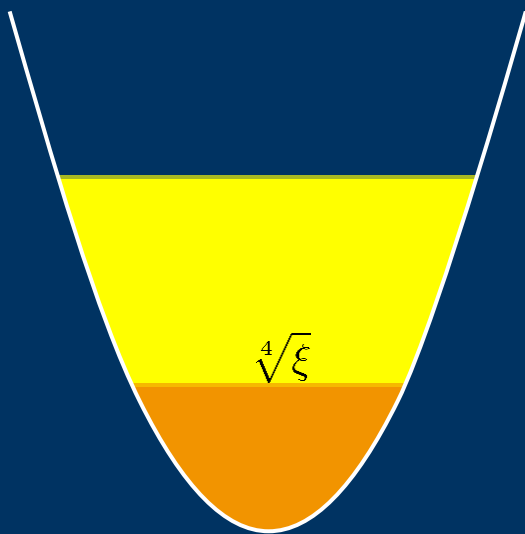
$\mu_{\text{res}}$ : chemical potential of resonant gas

$$\mu_{\text{res}} = \xi \mu_0$$

"Bertsch parameter"



## resonant Fermi gas in harmonic trap



"universality"

parameter  $\xi$  is universal, because  $1/k_F$  is the only length scale in the problem

harmonically trapped just rescaled, shrinks in size, but keeps its shape!

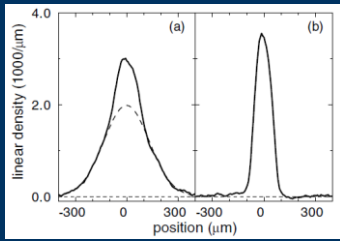
lbk 2004  
 $\xi = 0.32(13)$

MIT 2013  
 $\xi = 0.376(4)$

in agreement with advanced many-body theory

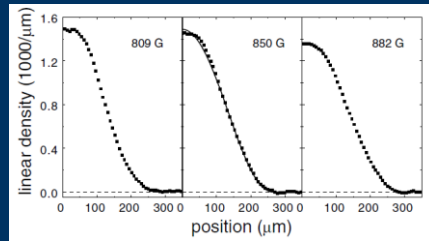


## early experiments in Innsbruck ( ${}^6\text{Li}$ )



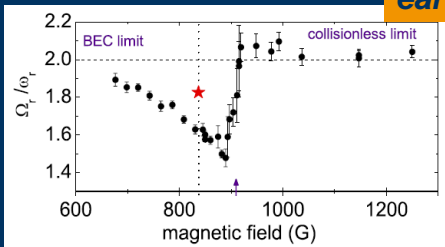
molecular BEC  
(2003/04)

BEC-BCS  
crossover  
(2004)

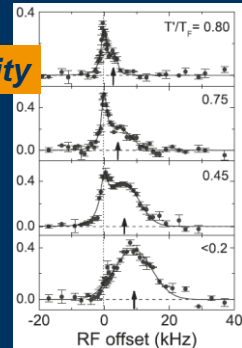


collective modes (2004)

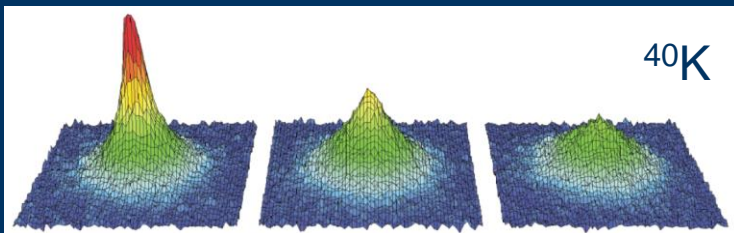
early hints on superfluidity



radio-freq.  
spectrosc.  
pairing gap  
(2004)



## superfluidity in Fermi gases: two breakthroughs



${}^{40}\text{K}$

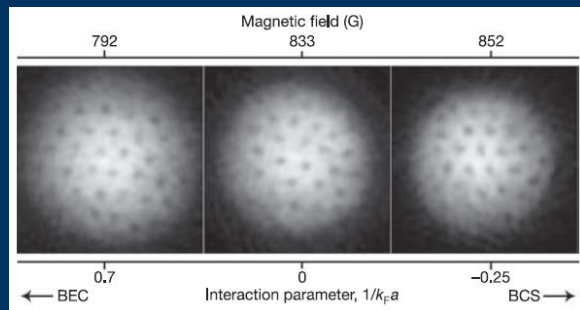
fermionic condensate @ JILA

Regal, Greiner, Jin,  
PRL 92, 040403 (2004)

vortices @ MIT

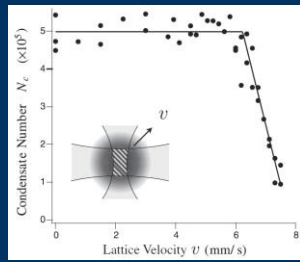
${}^6\text{Li}$

Zwierlein, Abo-Shaeer,  
Schiotzke, Schunck, Ketterle  
Nature 435, 1047 (2005)

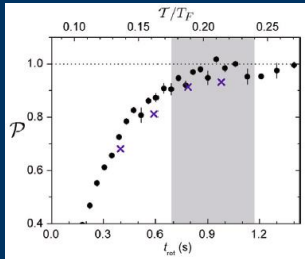


# superfluidity in Fermi gases

critical velocity  
(MIT, 2007)

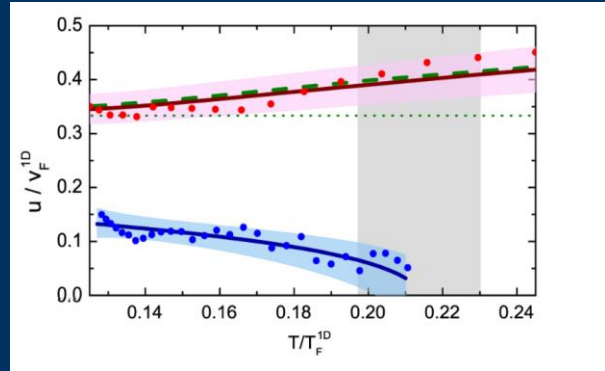


quenching of moment  
of inertia (Ibk, 2011)

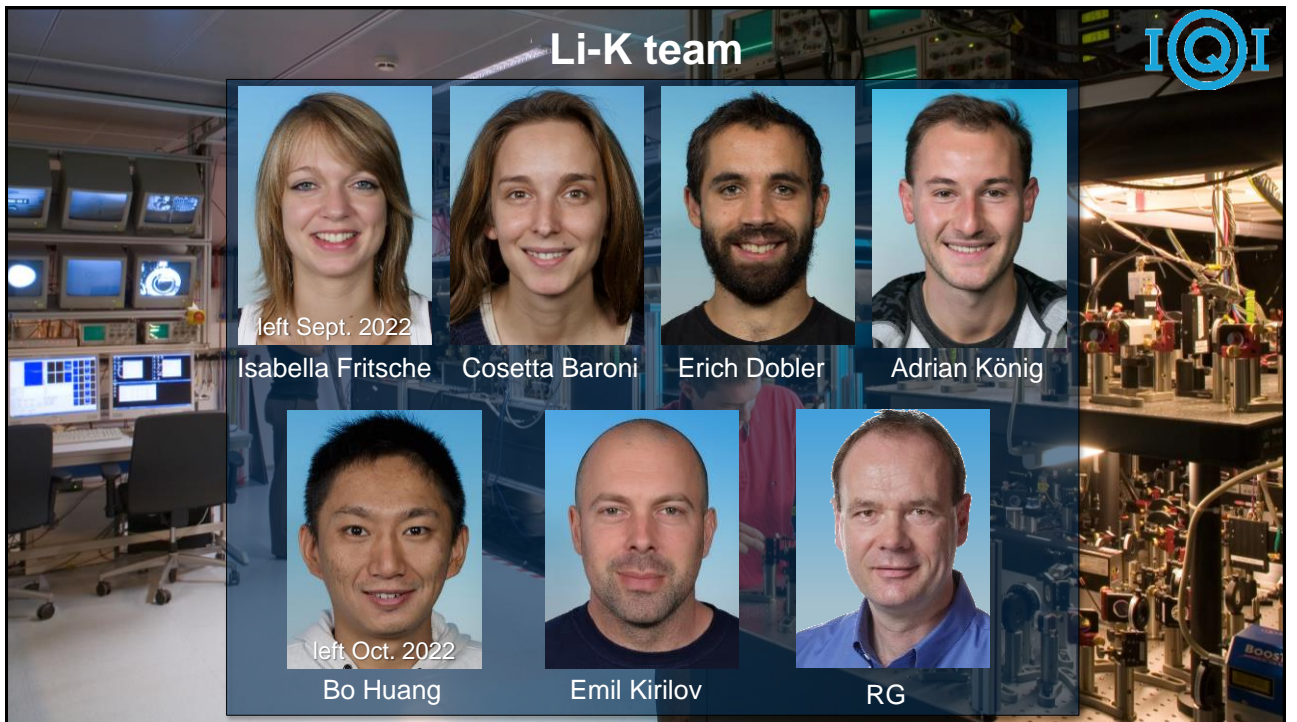
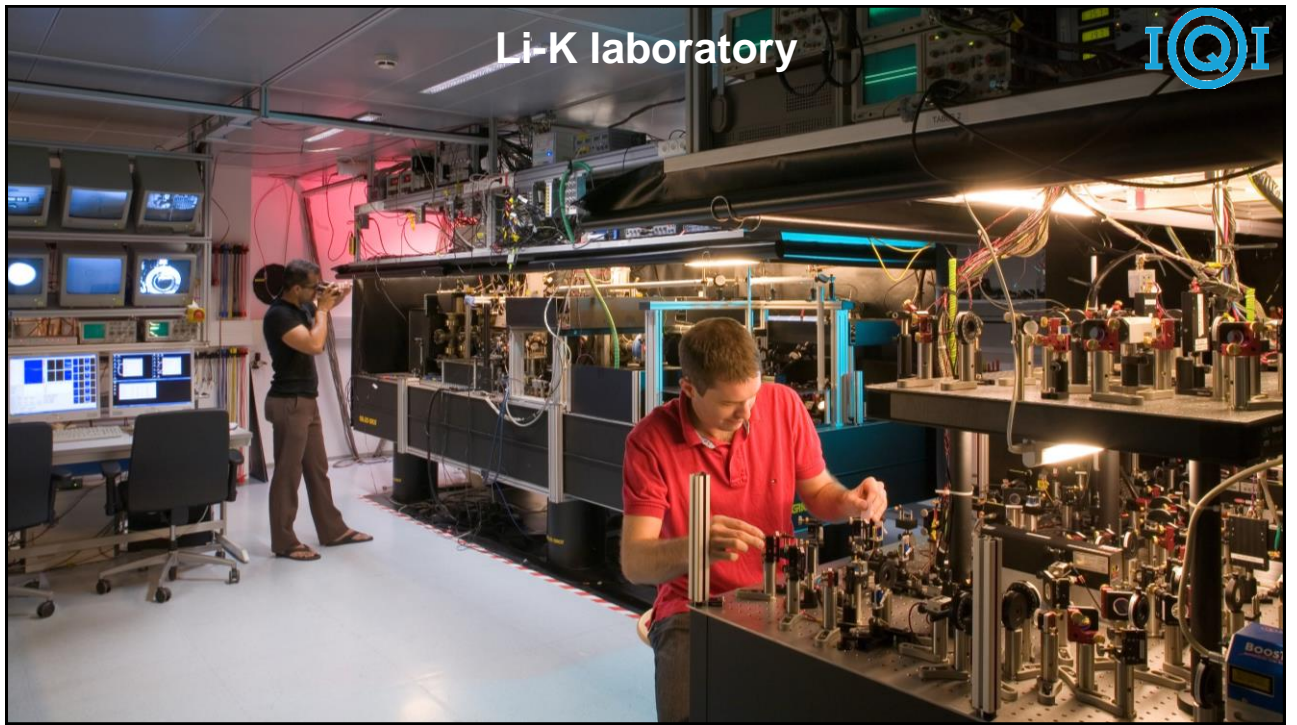


${}^6\text{Li}$

second sound (Innsbruck-Trento, 2013)

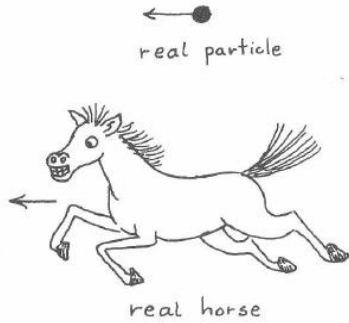


current research in Innsbruck:  
Mixtures with fermions



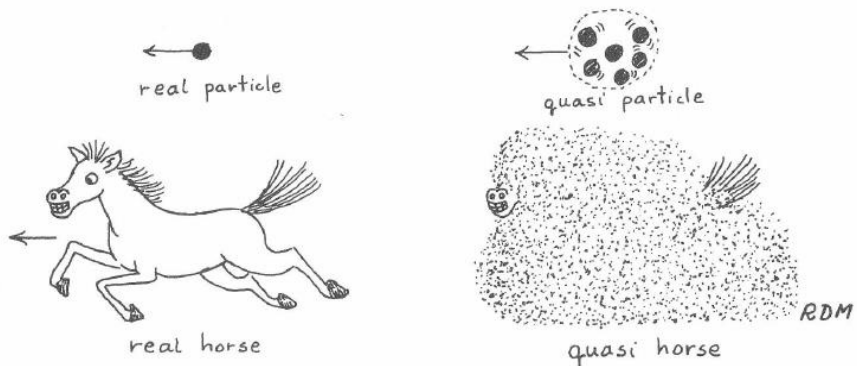
## quasiparticle and quasihorse

Richard D. Mattuck: *A guide to Feynman diagrams in the many-body problem* (McGraw-Hill, 1976)



## quasiparticle and quasihorse

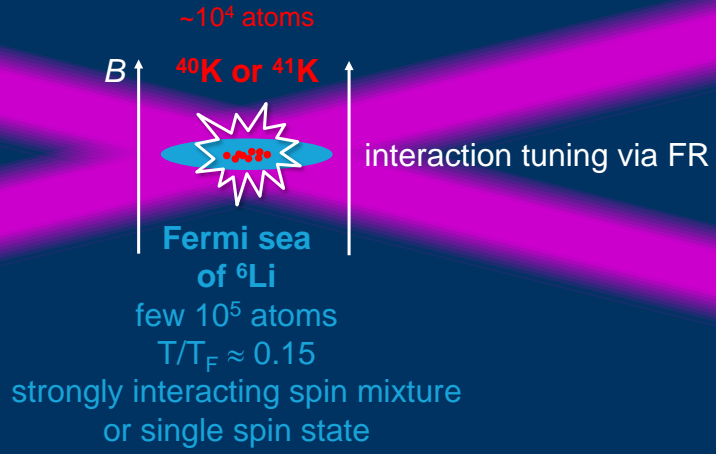
Richard D. Mattuck: *A guide to Feynman diagrams in the many-body problem* (McGraw-Hill, 1976)



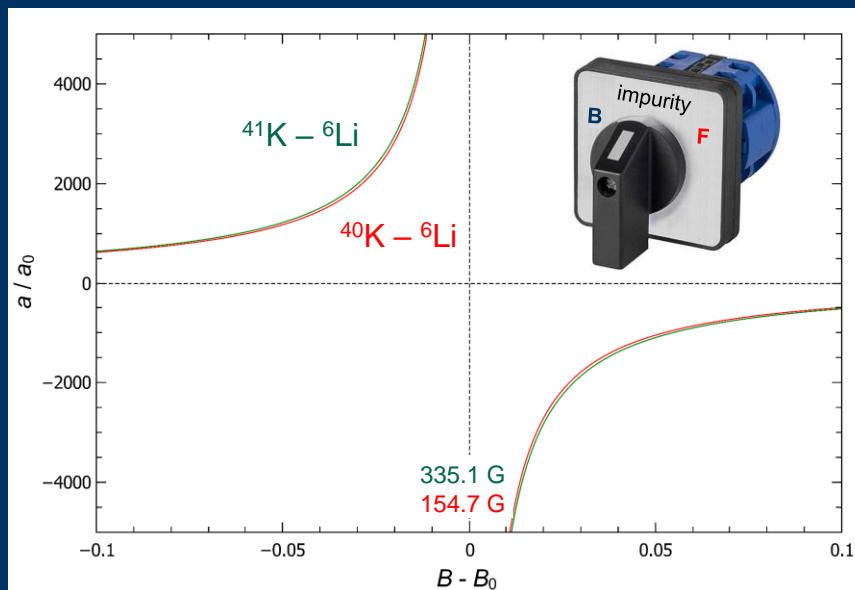
shielded, different mass,  
different energy, finite lifetime

# typical experimental situation

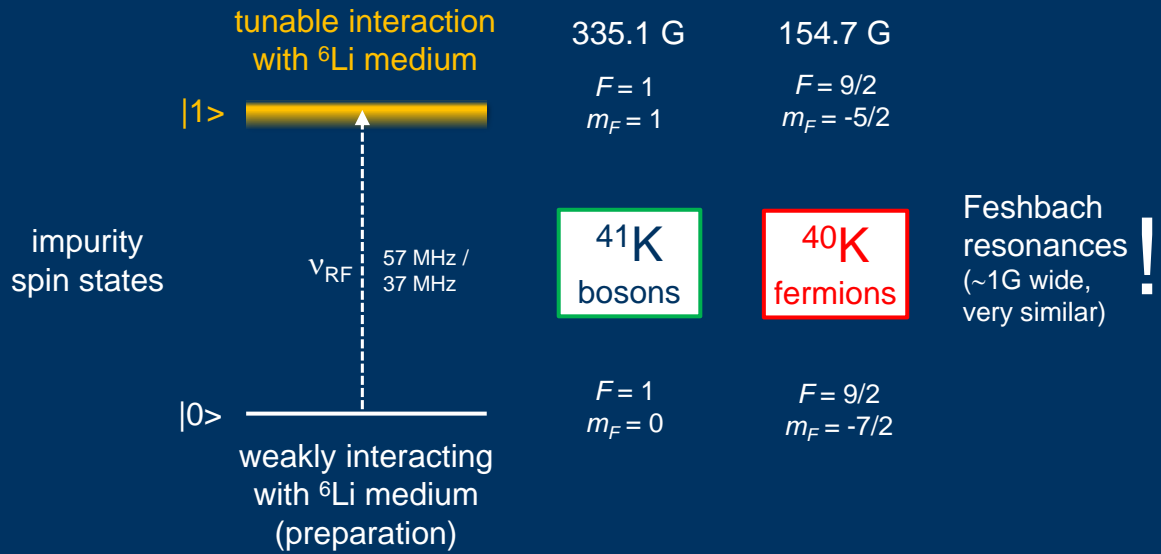
ODT @ 1064nm



# gift of nature



## radio-frequency “injection” spectroscopy



## universality: dimensionless quantities

all energies normalized to Fermi energy

$$E(X)/E_F$$

$$E_F = \frac{(\hbar k_F)^2}{2m} \approx k_B \times 1\mu\text{K}$$

dimensionless interaction strength

$$X \equiv -\frac{1}{k_F a}$$

$$1/k_F \approx 4000a_0 \approx 200\text{nm}$$

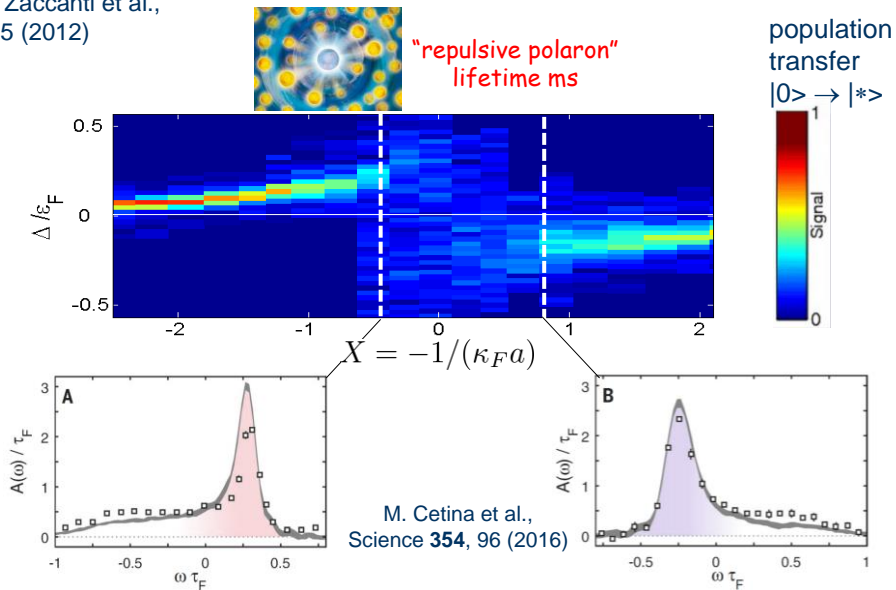
typical expt. conditions

note: for narrow Feshbach resonances another parameter ( $R^*/a$ ) enters the problem

$^{40}\text{K}$

## spectral response

C. Kohstall, M. Zaccanti et al.,  
Nature **485**, 615 (2012)



single-impurity physics well understood  
thanks to a lot of theoretical and experimental work  
in the last 10 years

Fermi liquid: first part of the story

## what's new?

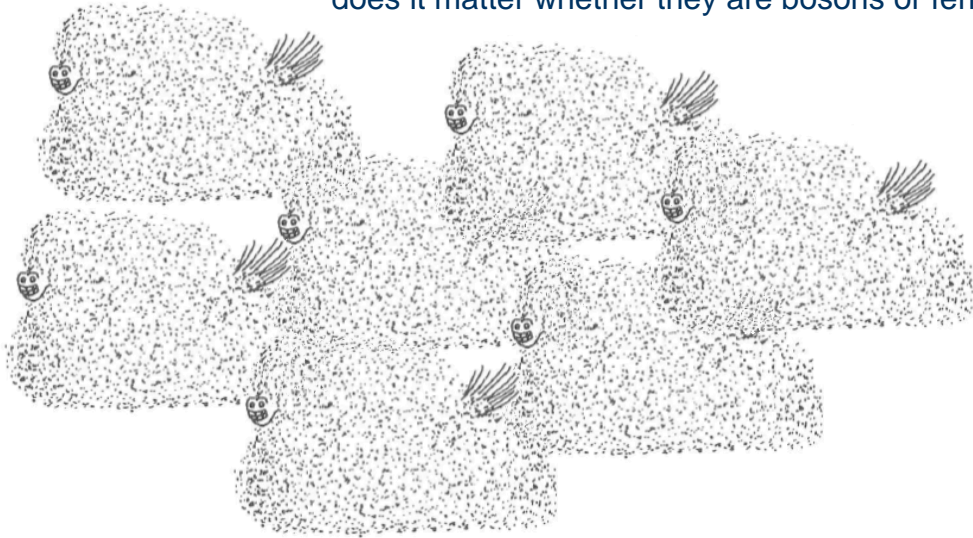
mediated impurity-impurity interaction

second part of the story

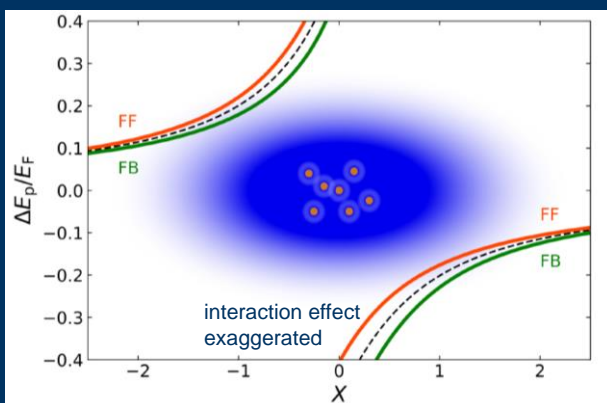
## research interest

what happens if they interact?

does it matter whether they are bosons or fermions?

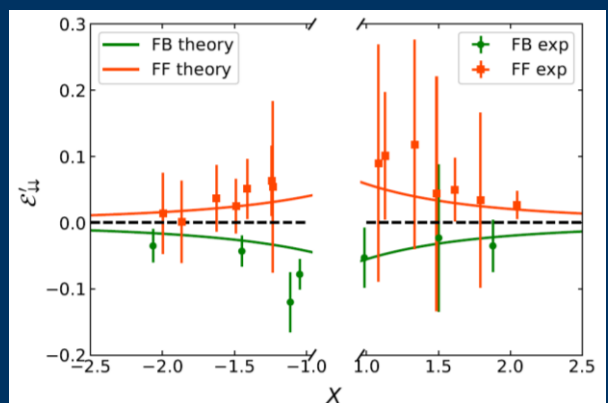


## spectacular recent result



expectation from Fermi-liquid theory

Yu and Pethick, Phys. Rev. A **85**, 063616 (2012)



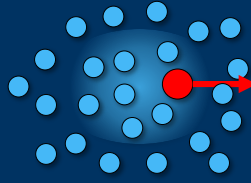
first observation of mediated pol.-pol. interactions

Baroni et al, arXiv:2305.04915 (2023)



## in preparation: polarons in motion

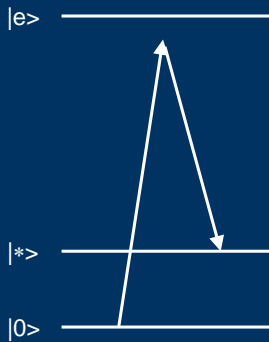
breakdown  
of the quasiparticle ?



Fermi speed

$$E_F \approx k_B \times 700 \text{ nK}$$

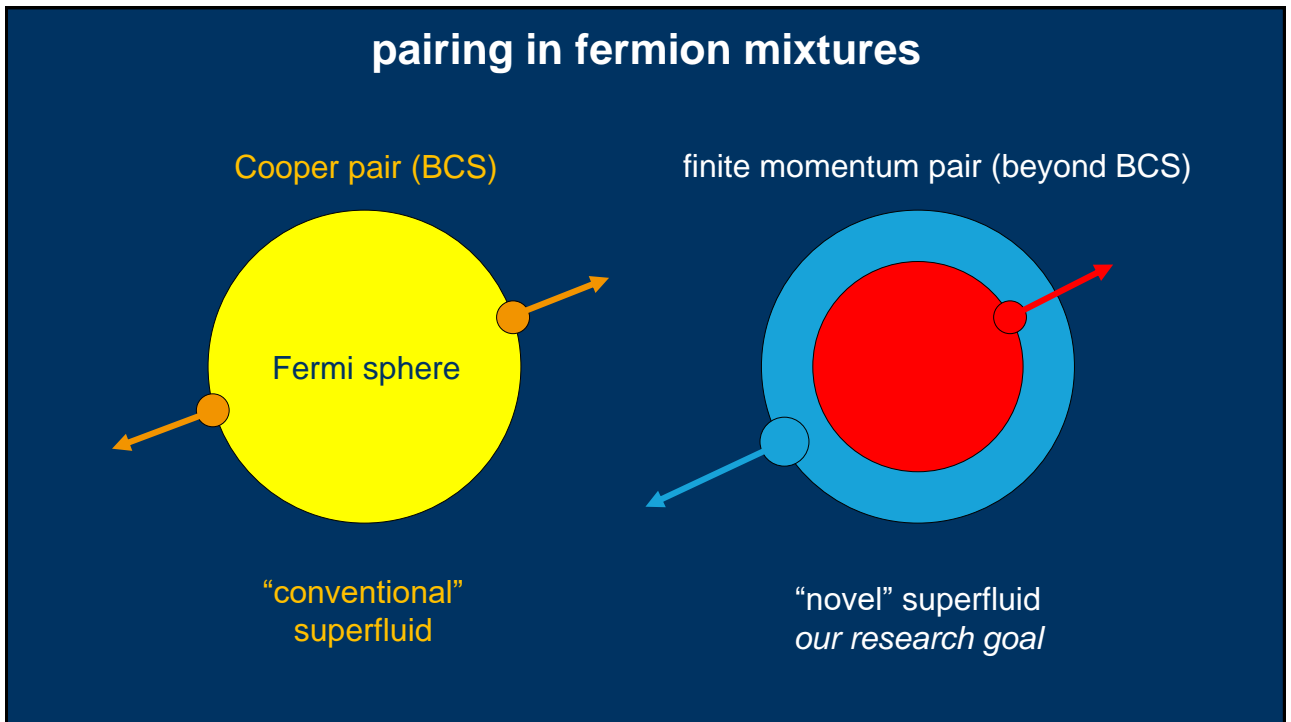
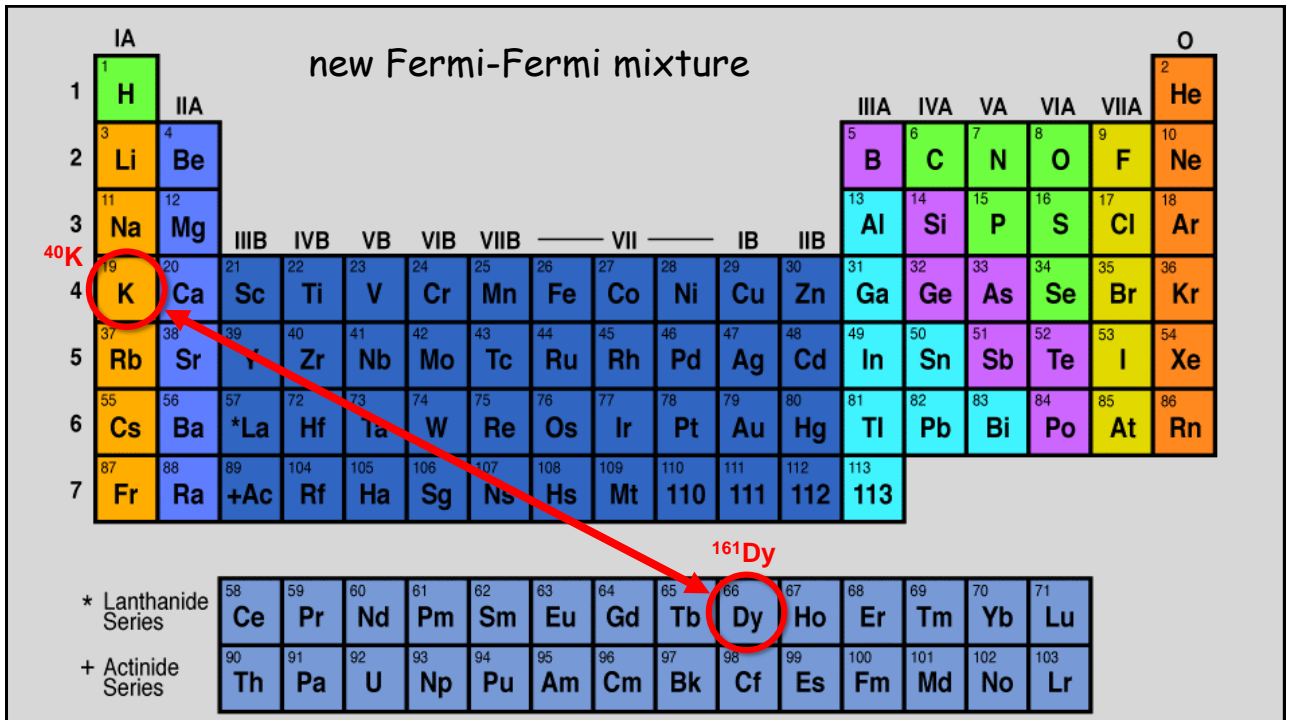
$$v_F = \sqrt{2E_F/m} \approx \mathbf{44 \text{ mm/s}}$$



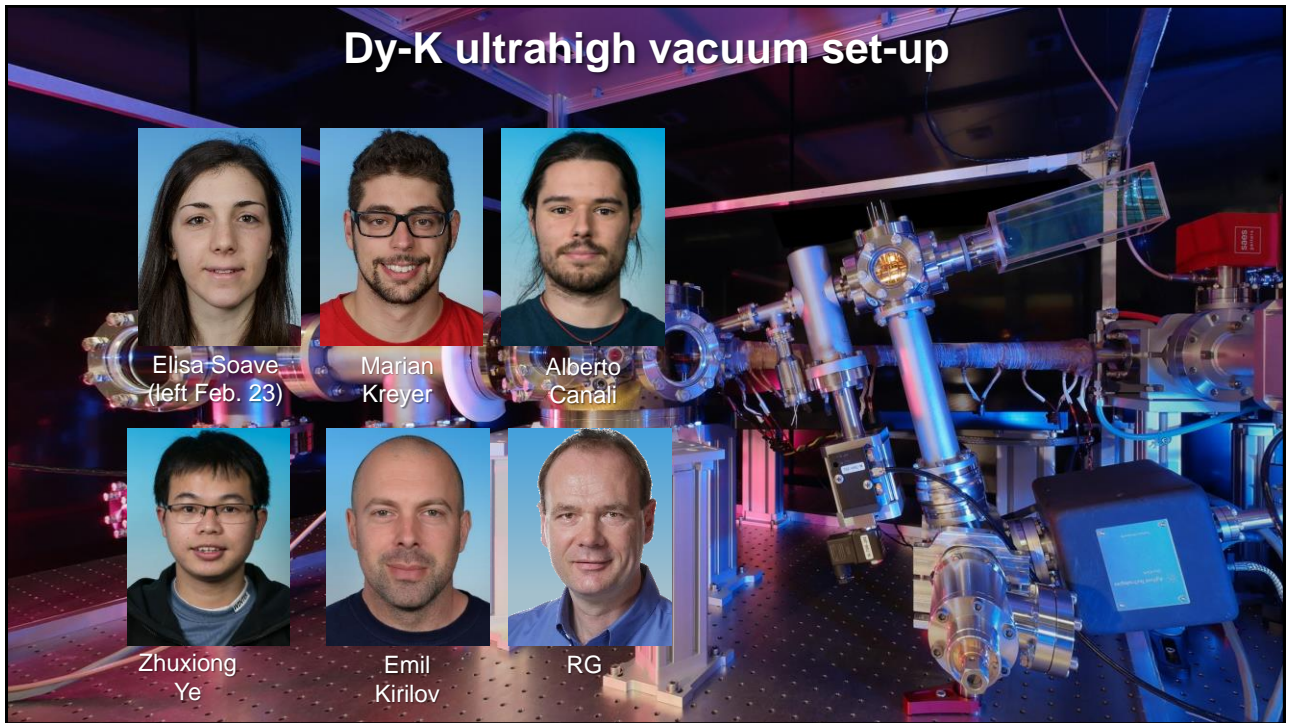
suggested tool:  
injection spectroscopy  
with Raman pulses

$$\frac{2\hbar k}{m} \approx \mathbf{26 \frac{\text{mm}}{\text{s}}} \approx \frac{v_F}{2}$$

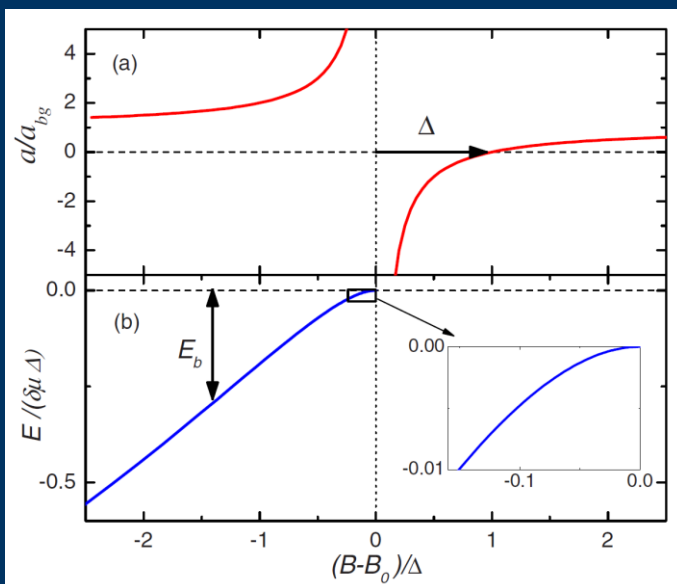
towards novel superfluids with mixtures of  
Dy and K



## Dy-K ultrahigh vacuum set-up



## Feshbach resonance: great tool!



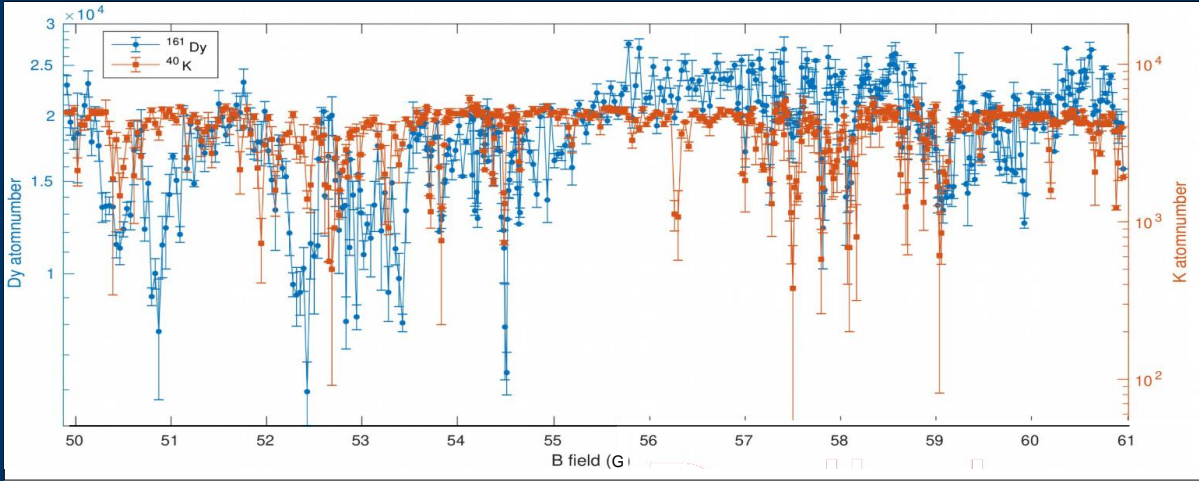
Chin et al., RMP 82, 1225 (2010)

interaction tuning

magneto-association  
of molecules

# too many resonances!

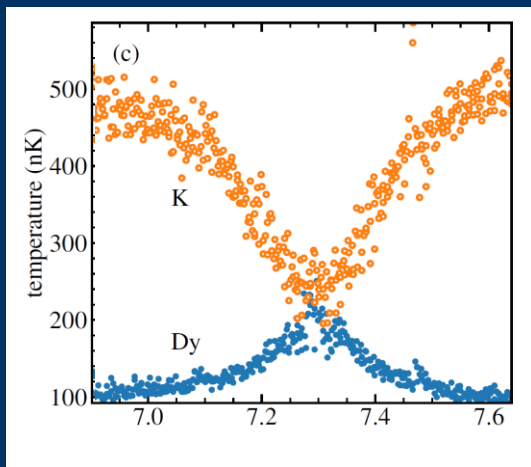
early B scan (2018)



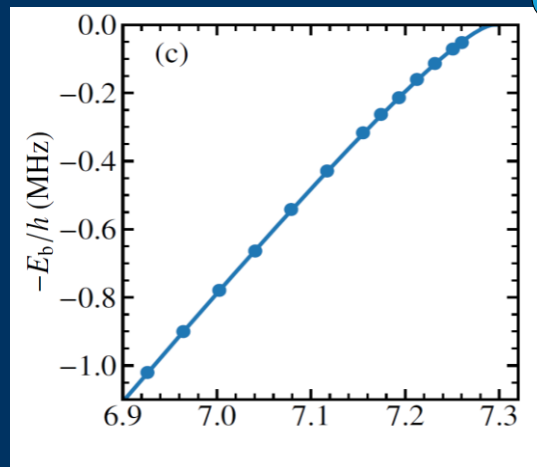
many narrow intraspecies (Dy) and interspecies (Dy-K) resonances

# surprise: good FR found near 7.3 G

interspecies thermalization

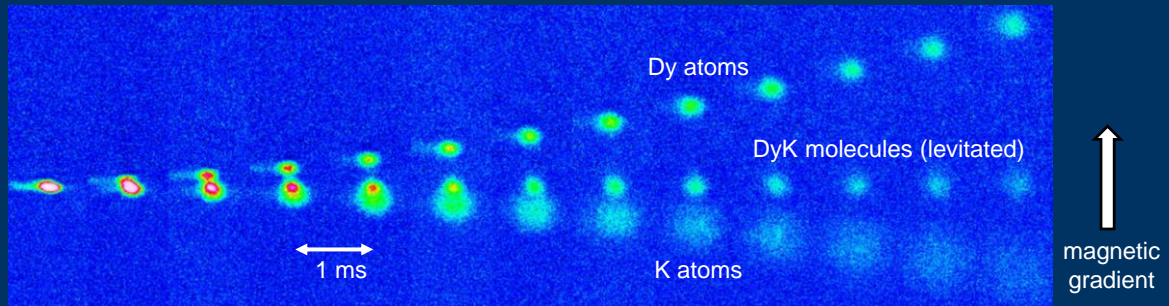


binding energy spectroscopy



Ye et al., PRA 106, 043314 (2022)

## formation of molecules on low-field resonance



let's go for the next steps:  
**trap the molecules and go for BEC**

Soave et al., arXiv:2204.07921 (2023)

## general conclusion

**Ultracold fermions:**  
a great playground for physics  
of strongly interacting many-body systems  
many challenges ahead for experiment and theory



Enrico Fermi

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Doktoratskolleg  
  
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